

CVS Caremark Maintenance Choice® - Archdiocese of Boston Health Plans

Q: What is Maintenance Choice by CVS Caremark®?

A: The RCAB Health Plan offers a plan design feature called Maintenance Choice, offered through CVS Caremark. This is a cost-saving solution for your long-term (also called “maintenance”) medications. Maintenance Choice allows you to save money and time by filling prescriptions for 90-day supplies of your medication either at a CVS Pharmacy® or through CVS Caremark Mail Service Pharmacy. Employees and family members who do not participate in the Maintenance Choice option for long-term medications will pay more for their prescriptions, as explained below.

Q: What is considered a long-term maintenance medication?

A: These are medications you take regularly for chronic conditions or long-term therapy, such as medications for managing high blood pressure, asthma, diabetes or high cholesterol.

Q: How does Maintenance Choice work?

A: Here is an example: your doctor prescribes a long-term maintenance medication to help you control high cholesterol levels. You go to any pharmacy in our network and fill this prescription for a 30-day supply and pay a regular copay.* You repeat the process for the next two months. After the third month, when you go to the pharmacy to fill this maintenance medication prescription, you will pay a higher copay equal to **double the normal 30-day copay for each refill after the third**. As a result, you should ask your provider to write a prescription for a 90-day supply of medication. When ready, you should fill the 90-day prescription at a CVS Pharmacy or through CVS Caremark Mail Service Pharmacy and pay only a **60-day copay**.

Q: How does Maintenance Choice save me money?

A: If you use the Maintenance Choice feature for your long-term maintenance medications, you receive three (3) months of medication for the price of two (2) months. Using Maintenance Choice for your long-term maintenance medications saves you 200%.

Here is an example of how Maintenance Choice cuts the cost of your long-term medications: (Copay amounts below are for example only. Please refer to your Health Plan Summary of Benefits and Coverage to determine your actual prescription copay amounts.)

<u>Current 30-Day Supply Prescription Copay</u>	<u>Current Annual Cost Using 30-Day Supply</u>	<u>Annual Cost with Maintenance Choice (90-Day Supply)</u>
\$10.00	\$121.67	\$40.56

Q: How do I know if one of my medications is eligible for Maintenance Choice?

A: You may call CVS Caremark at **1-877-430-8633**.

Q: How do I sign up to take advantage of the Maintenance Choice feature?

A: Ask your provider to send a 90-day prescription to a CVS Pharmacy near you. Alternatively, you can enroll in mail service through **Caremark.com** or by downloading the no-cost Caremark app on your smartphone or tablet. For assistance, call CVS Caremark at **1-877-430-8633**.

If you have questions about Maintenance Choice, please contact the Benefits Office at **(617) 746-5640**.

*Copayment, copay or coinsurance means the amount a member is required to pay for a prescription in accordance with a Plan, which may be a deductible, a percentage of the prescription price, a fixed amount or other charge, with the balance, if any, paid by a Plan.